

¹¹ And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, ¹² to equip the saints for the work of ministry, for building up the body of Christ, ¹³ until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature adulthood, to the measure of the stature of the fullness of Christ,

¹⁴ so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes. ¹⁵ Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ,

¹⁶ from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.

Themes of Growth

- Building up (vs 12)
- Mature adulthood (vs 13)
- No longer children (vs 14)
- Grow up (vs 15)
- Body grow (vs 16)

Growing in love comes from a variety of sources

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Growing in love means deepening your spiritual roots

Ephesians 4:14

¹⁴ so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.

Growing in love means you look more like Christ

Ephesians 4:13;15

¹³ until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature adulthood, to the measure of the stature of the fullness of Christ,

¹⁵ Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ,

Growing in love benefits the church body

Ephesians 4:16

¹⁶ from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.