

# *Christ and the Church*



*Ephesians 5:22-33*

# Ephesians 5:22-33

<sup>22</sup> Wives, submit to your own husbands, as to the Lord. <sup>23</sup> For the husband is the head of the wife even as Christ is the head of the church, his body, and is himself its Savior. <sup>24</sup> Now as the church submits to Christ, so also wives should submit in everything to their husbands.

# Ephesians 5:22-33

<sup>25</sup> Husbands, love your wives, as Christ loved the church and gave himself up for her, <sup>26</sup> that he might sanctify her, having cleansed her by the washing of water with the word, <sup>27</sup> so that he might present the church to himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish.

# Ephesians 5:22-33

<sup>28</sup> In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself. <sup>29</sup> For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church, <sup>30</sup> because we are members of his body. <sup>31</sup> “Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh.”

# Ephesians 5:22-33

<sup>32</sup> This mystery is profound, and I am saying that it refers to Christ and the church.

<sup>33</sup> However, let each one of you love his wife as himself, and let the wife see that she respects her husband.

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*Ephesians 5:22-33*

The love of Christ helps us understand  
what a healthy marriage looks like

# Ephesians 5:25-29

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# Ephesians 5:31-32

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Christian love submits and sacrifices

Christian love nourishes and cherishes

# Christian Relationship Homework

	I practiced submission by...	I practiced sacrifice by...	I nourished my relationship by...	I cherish my relationship because...
Sunday				
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				

## Christian Relationship Homework

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Person 1	Person 2
I value your submission when you ...	I value your submission when you ...
I value your sacrifice when you ...	I value your sacrifice when you ...
I feel nourished by you when you ...	I feel nourished by you when you ...
I cherish you because ...	I cherish you because ...